

Thursday 26th August

7pm- 9.30pm

Family &  
Friends

Nelson Heather Centre

Angophora Room

4 Jackson Rd

Warriewood 2101

**FREE Dementia/  
Memory Loss  
Information  
Evening.**

Information will include:

- The difference between memory loss and dementia
- Role reversal
- How to access support
- Multiple pressures & juggling work & home.

Enquiries and bookings to

Libby Palmer

Northern Beaches Dementia Advisor.

Phone: 9979-7677 or

email: [libby@ccnb.com.au](mailto:libby@ccnb.com.au)